

Mass Times

Sunday: 7:30 am, 9:00 am, 10:45 am, 5:00 pm

Monday-Friday: 8:30 am, 12:15 pm

+Wednesday (and 1st Friday): 7:30 pm

Saturday: 8:30 am, 5:00 pm (Vigil)

Confession Times

Monday: 11:30 am

Wednesday: 6:30 pm

Friday: 11:30 am (+1st Friday: 9:00 am, 6:30 pm)

Saturday: 9:00 am, 3:30 pm

Adoration Times

Monday at 1:00 pm – Saturday at 8:15 am

(Adoration suspended M-F 8:15 am-1:00 pm for Mass/cleaning)



STV INVITATION

(Spiritual Life Plan for Eternal Victory)

We are the St. Veronica Victors! Jesus invites every member of our parish to **“run so as to win”** (1 Cor. 9:24). **“We conquer overwhelmingly through Him Who loves us”** (Rom. 8:37b) and **“have the strength for everything through Him Who empowers us”** (Phil. 4:13). Follow Him. Open your heart to Him in prayer; live the Sacramental life; offer daily sacrifices; and serve Him in our neighbor by adopting the following practices:

V: **Virgin Mary**

“Behold, your mother” (John 19:27). Daily: Rosary. Monthly: 1st Saturday Mass (Fatima request). Annually: Consecration to Jesus through Mary.

I: **Image**

“He is the image of the invisible God” (Col. 1:15). Meditate on the Face of Christ in Veronica’s Veil and in Eucharistic Adoration (every week).

C: **Communion & Confession**

“Ask Jesus to make you a saint. Go to confession regularly [monthly] and to Communion as often as you can [add a daily Mass]” (St Dominic Savio).

T: **Thanksgiving**

“I will give thanks to you, LORD, with all my heart” (Ps 9:1). Begin each day with a morning offering. End it with prayer of gratitude.

O: **Outreach (serve and evangelize)**

“The Son of Man did not come to be served but to serve” (Mt 20:28). Volunteer in our parish and local community. Spread the Gospel.

R: **Read (and meditate)**

“You won’t see anyone who’s truly striving after spiritual advancement who isn’t given to spiritual reading [& bible meditation]” (St Athanasius). Do spiritual reading and meditate on Scripture for 15+ minutes per day.

S: **Sacrifice**

“Pick up your cross” (Lk 9:23). Self-mortification unites us to Christ. Abstain from meat on Friday and offer other sacrifices each week.